

The Promise

The People of Covenant are called to:
Gather, Grow and Go Serve... With God's Love!



March 2020

The Monthly Newsletter of Covenant Lutheran Church—ELCA

Special Worship Services

Wednesdays in Lent

@ 7:00 pm

3/4, 3/11, 3/18, 3/25, 4/1

Please note: Lenten suppers will not be served



Saturday March 7th during the Saturday

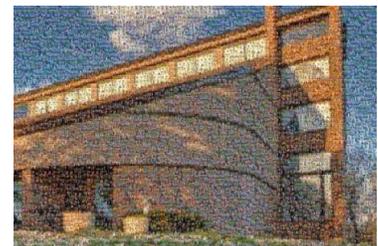
Evening worship service a service of Healing and Wholeness, anointing of oil and laying on of hands. In faith we believe God intends for us to be spiritually whole.

Sunday March 8th We are a MOSAIC of

color, texture, size....shaped by God's creative work from birth to present age...called to serve where we are!

Come, celebrate with us in affirming gifts of WOMEN on March 8, 9:30

a.m., **INTERNATIONAL WOMEN'S DAY** It's a FAMILY-AFFAIR....to honor models of faith from Biblical times to modern-day heroes/mentors to females of great promise!



Palm Sunday April 5th

@ 9:30 AM

Maundy Thursday April 9th

@ 7:00 pm

Good Friday April 10th

@ 7:00 pm

Easter Sunday April 12th

@ 9:30 AM

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Message from Pastor Sara

The Power of the Word:

Proverbs 11:12 “It is foolish to belittle a neighbor; a person with good sense remains silent.”

Proverbs 11:9 “Evil words destroy one's friends; wise discernment rescues the godly.”

Proverbs 11:17 “Your own soul is nourished when you are kind, but you destroy yourself when you are cruel.”

As you may know, recently my email was used by a suspicious source to gather ebay gift cards from my contact list. This hacking violation of personal privacy is intrusive and downright annoying. It makes one question and mistrust when communications are being sent by digital means. Though technology has its shadow side, I was recently shared a segment of this article written by Deanna A. Thompson, faculty at St. Olaf College.

Deanna says, “One of the great surprises of my life—in addition to continuing to live with incurable cancer—has been the vast care, love and support that have come my way through digital means. I’ve been shocked by the communion of saints who grew up around me and my family through a website. And my experiences with life-giving care made possible through digital technology have prompted me to reconsider our collective relationship to technology and how it affects our life together.”

The power of the word. Your own soul is nourished when you are kind, but you destroy yourself when you are cruel. We are given two choices when how we use our words. To build up or destroy. In this continued season of Lent, a time of examination of our words to resist the temptation to share and speak gossip, negative quick judgements and turn them around to understanding and thoughtful praise. The choice is up to us, in how we use the power of our words.

Blessings on the Lenten Journey.

Pastor Sara

Council President's Message

Church Council Leadership Changes at Covenant

The Covenant Congregational Council has had some changes for 2020!

During the February meeting, the following people were elected as officers:

- President and Foundation liaison: Beth Dibbert
- Vice-President and Property liaison: JoAnn Gilbert
- Secretary & Congregational Life liaison: Tamarine Westrand

Other members of the 2020 council are:

- Russ Melland – Stewardship
- Stephen Peterson – Education
- George Carlson – Treasurer
- Gary Tarpinian – Past president

We thank the outgoing council members for their service:

- Carole Schubring
- June Schlough
- Sandy Markuson
- Charlene Maleug

There are opportunities for additional people to join the council to provide a ministry of leadership to Covenant in the next year. We specifically are looking for folks who are passionate about Social Action and Worship to serve as liaisons between those teams and council.

We believe that this is a GREAT time to volunteer! We have a great pastor in place, our bottom line is in the black, and we are turning our sights to internal growth as a people of God. Our meetings are on the 3rd Tuesday of the month, and we will be experimenting with new models to limit our meetings to an hour – and grow spiritually together.

For information or to express your interest, contact anyone on council.

Council President—Beth Dibbert



**WOMEN'S BREAKFAST:
Body-and-Soul FOOD!**

Saturday, March 7, 8:00-9:30 a.m., Fellowship Hall



["Homeless Jesus", sculpture by Timothy P. Schmalz; based on Matt. 25:45: "...as you did this to one of the least of these, you did it to Me."]

Expect to be nourished in a circle of friends as we listen to Nan Wild who volunteers her time as a retired Nurse Practitioner among the homeless community in downtown Madison. RSVP is appreciated. Poster or on-line Breeze.

Other spring dates for WOMEN'S MONTHLY BREAKFASTS: April 4th and May 2nd.

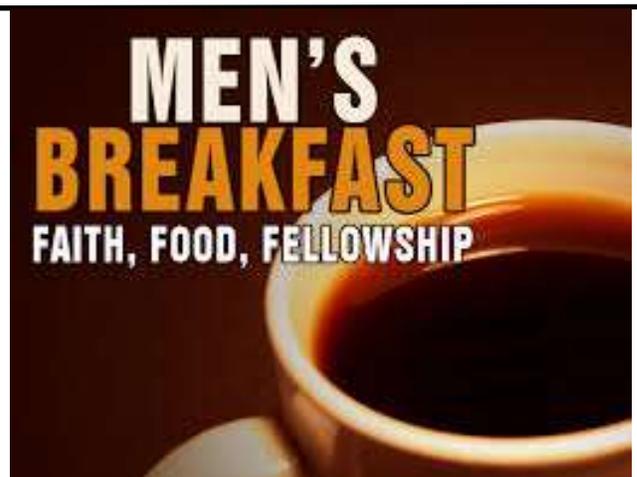
MEN'S BREAKFAST

Date: Sat, March 14th

Time: 8:00—9:30am

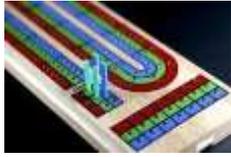
Location: Fellowship Hall

Please bring a dish to pass. Our focus will be watching a short Ted Talk video and discussing afterward.



This event will continue bi-monthly on 2nd Saturdays. Questions? Contact Stephen Peterson at 608-480-0525 or stevep72@yahoo.com

Covenant members and friends are warmly invited to...



A Cards & Games Party!



Date: Sunday, March 8, 2020

Time: 2 to 5 PM

Location: Fellowship Hall (enter through the east side, lower level doors please)

Cost: FREE

What to bring?

- Cards and board games
- your own non-alcoholic beverage to consume
- a snack to share (if you are so inclined—it's not required)

Friends and neighbors, any age, are welcome!

(Children should be accompanied by an adult)

Questions: Denise Pigarelli at 608-576-5321 (ok to send text or leave voicemail)

Easter Breakfast and Egg Hunt

Please join us on Sunday, April 12th for a wonderful Easter Breakfast hosted by the Hospitality team, *Team April* and the members of Covenant. Breakfast will be served from 8:15 a.m. – 9:15 a.m. in the Fellowship Hall prior to the 9:30 worship service.

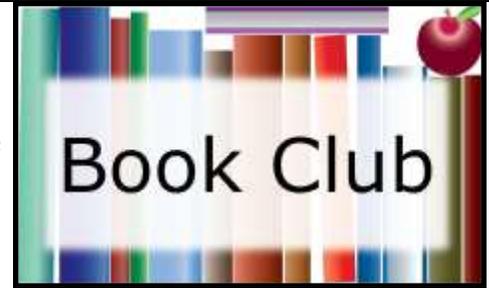
A traditional brunch fare with egg dishes, hash brown casserole, French toast bake, sausage and ham, fruits, cheeses, sweet breads, and coffee cake is planned. A free will offering will be taken with the proceeds going to the missions of Covenant.

At 9:00 a.m. the kiddos will gather in the Narthex for Covenant's annual Easter egg hunt. So, come for breakfast and then watch as our youth search high and low for treasure filled eggs.

Church Social News

Covenant Book Club

Covenant's Book Club will meet Thursday, March 12,, at 1:00 at the church in the Koinonia Room. We will be discussing Resistance Women by Jennifer Chiaverini.



Resistance Women is historical fiction based on the work of Berlin based Nazi resistance leaders, including Milwaukee native and UW grad, Mildred Fish Harnack, her German husband, Arvid, and Greta Kuckhoff, German friend from their Wisconsin days, and her husband.

In April, we will discuss The Nickel Boys by Colson Whitehead. FYI: This book was on President Obama's summer reading list.

The book club meets the second Thursday of the month from September to May at 1:00. Meetings are sometimes held at church, at other times at a member's home. For more information, contact Linda Muller at lmsm@charter.net or 608-576-6374. All are welcome.

And the winner of the 2nd annual Covenant Chili Cook-off

traveling trophy is...George Carlson! George's chili was so good, his crock pot was



scraped clean. Second and third place winners were Pastor Sara and Gary Tarpinian. We had a record number of chili entries this year along with a smorgasbord of accompaniments, and no one left hungry, that's for sure. Thank you to every-



one that brought a homemade chili, helped serve and/or cleaned-up following the event. A special shout out goes to Don Warren for "Best in Show/ Presentation!" Here are a few pictures in case you missed this tasty gathering."

AFFIRMATION of WOMEN'S GIFTS at a CELEBRATION as COVENANT observes INTERNATIONAL WOMEN'S DAY, March 8, 9:30 a.m. Worship

The Covenant FAMILY gathers to affirm and give God thanks for GIFTS of our own women, while also being mindful of struggles of women around the world. This all-women-led service is FIRST, a worship service of



thanksgiving, also

giving thanks for families that uphold and embrace the women in their lives! We are a MOSAIC of color, texture, and size...shaped by God's creative work from birth to the present age...called and empowered to serve where we are! A message for the day will include the stories of five women who will share accounts and perspectives from their own life-journey. Special music will be shared by a women's chorus, singing Twila Paris' HOW BEAUTIFUL

The first Women's Day dates back to February 28, 1909, in honor of the garment workers' strike, demanding improved working conditions and equal rights. However, it was only during late 1970's that the United Nations started observing International Women's Day.

Come, join in the celebration! Witness resiliency and deep passion with 20/20 vision for service in a new day and age. Let's celebrate the incredible strength of women to strengthen the foundation of society!



God Is Good!!

Puerto Rico Earthquake Relief - Thank you to our Covenant family for generously sharing our gifts. A total of \$730.00 was given to our sister parish, Ascension in Dorado, Puerto Rico. We helped them to purchase hand sanitizer, diapers, and emergency food for people living in temporary tent shelters

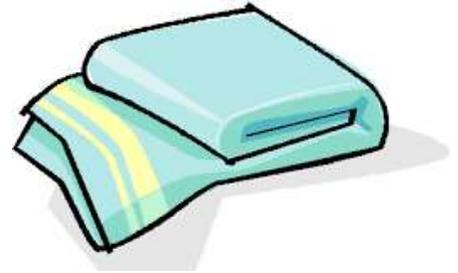
Blanket Makers Desired

The Covenant Blanket Makers invite new members (both men and women) to join us in creating colorful blankets to use as warmth and shelter for many people around the world through the Lutheran World Relief or local charities. The Blanket Makers have been in existence for around 40 years, and we want it to continue to thrive. Our group is getting smaller in numbers, so we'd like to rebuild our membership.

Participants can either volunteer at the church on Tuesdays mornings (any time between 8:30 am - noon) or at the convenience of their homes. We provide the fabric and supplies. The following can be done at either location:

- Remove the elastic banding on donated fitted sheets.
- Create the bottom layer of the blanket by sewing very large pieces of fabric or sheets together.
- Create a top layer of colorful smaller fabric pieces by sewing them together.
- Tie the top layer, batting and bottom layer together with yarn or embroidery thread every 9".
- Sew around the edges of all three layers after the blanket is tied.
- Creating each blanket by laying out the bottom layer, covering it with batting, laying a top layer over those and pinning the three layers together at the sides is preferred to be done at church, since the batting comes in very large rolled up sheets

Also, the blankets are to be made of a particular finished size. The benefits of participating in the blanket making is knowing that grateful recipients need these items for their survival. In addition, the Tuesday morning group experiences good fellowship with laughter and serious discussions interwoven together. For more information or to express your interest, contact: Marsha McBroom (608 345-0172); Judy Heil (873-5526) or Ingrid Thompson (873-0647). You are also welcome to observe us in action on Tuesday mornings before you make a commitment. We can be found in the church basement, in the large Sunday School room off of fellowship hall, known as the Quilters' Room.



Dear Covenant Family,



Thank you for the care and blessings you bestowed on us during our time together. We were privileged to pray and serve and make such wonderful memories with you. We pray Covenant will continue to flourish and to be a force for good in Stoughton and beyond. You will stay in our prayers and we hold you in our heart.

Love,

Mark and Carole Schubring

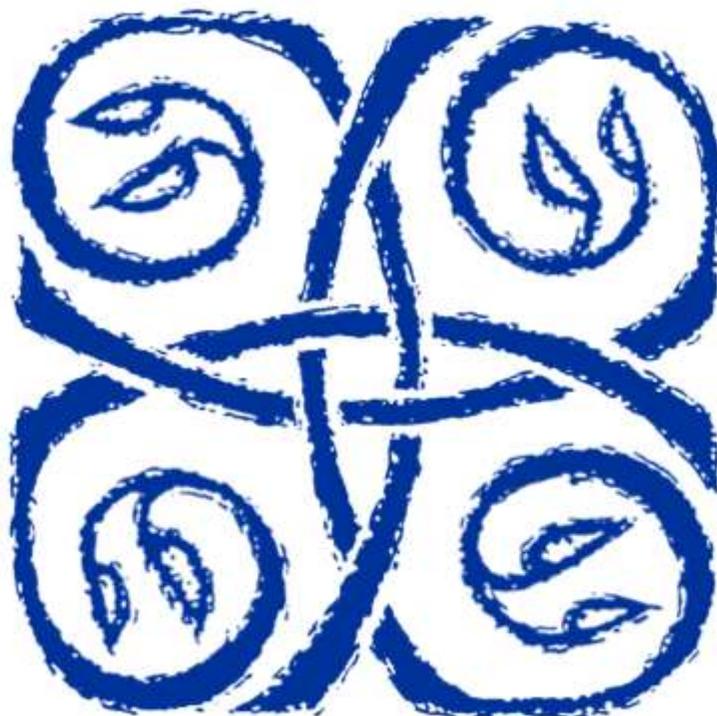
In Loving Memory

IN MEMORY OF

Esther Markuson

Ann Marie Wineke

Family and Friends



MONEY MATTERS...REPORTING ON COVENANT'S FINANCES

Members of Covenant adopted a balanced spending plan for 2020 proposed by Congregation Council at our Annual meeting on January 29. The unanimous vote showed confidence that together we can give generously to carry on Covenant's ministry in our community and beyond. As in the past, 10% of our offerings will go beyond our congregation to support ministries of the Evangelical Lutheran Church in America and the South-Central Synod of Wisconsin and other national ministries as well as several local or regional ministries. Covenant values our partnership with others to carry on the mission God gives us. We also value our staff, which means their salaries and benefits make up a significant percentage amount of expenses; this happens in nearly every congregation.

Our past year ended positively as income slightly exceeded expenses for the first time in several years. Thanks to all who helped Covenant achieve our financial goals to support our important ministries and our partners in 2019.

This year your generosity has continued. The following table summarizes January finances:

ITEM	JANUARY 2020	JANUARY 2019	Year-to-date Actual	YTD Budget	YTD 2019
Contributed income	22,950.00	19,280.25	22,950.00	21,664.62	19,280.25
Other income	5,276.30	600.08	5,276.30	4,996.63	600.08
TOTAL INCOME	28,226.30	19,880.33	28,226.30	26,661.25	19,880.33
<i>Partnerships</i>	<i>2,295.00</i>	<i>1,916.93</i>	<i>2,295.00</i>	<i>2,257.98</i>	<i>1,916.93</i>
<i>Salaries & Benefits</i>	<i>24,291.37</i>	<i>14,804.71</i>	<i>24,291.37</i>	<i>18,178.63</i>	<i>14,804.71</i>
<i>Program Ministry</i>	<i>849.86</i>	<i>682.91</i>	<i>849.86</i>	<i>1,033.26</i>	<i>628.91</i>
<i>Education</i>	<i>43.74</i>	<i>0.00</i>	<i>43.74</i>	<i>20.87</i>	<i>0.00</i>
<i>Stewardship</i>	<i>42.75</i>	<i>0.00</i>	<i>42.75</i>	<i>83.37</i>	<i>0.00</i>
<i>Worship and Music</i>	<i>327.71</i>	<i>578.13</i>	<i>327.71</i>	<i>506.25</i>	<i>578.13</i>
<i>Building Operations</i>	<i>6,373.55</i>	<i>10,255.22</i>	<i>6,373.55</i>	<i>4,541.63</i>	<i>10,255.22</i>
Total Expenses	34,223.98	28,237.90	34,223.98	26,621.99	28,237.90
Surplus/(Deficit)	(5,997.68)	(8,357.57)	(5,997.68)	39.26	(8,357.57)

INCOME increased because of a grant for salary for Director of Christian Education from Covenant's Endowment and EXPENSES for salary increased by the same amount. With Kari's leaving our employment, those will decrease by the same amount. In January 2020, five payroll periods were paid which accounts for much of the increase in Salaries and Benefits. Paying off the mortgage last year accounts for the significant decrease in Building Operations.

Neither INCOME nor EXPENSES follows a straight line throughout the year. The increase over last year in Contributed Income in January helped Covenant get off to a good start financially this year. If you have any questions or wish to receive more information, feel welcome to email me at treasurer@covluth.org.

Submitted by George Carlson, Treasurer

Health Topics

March 2020 topic: **Strength Exercises at Home**



What are the benefits?

- Builds muscles, connective tissues, bones
- Improves sleep and mental health
- Decreases blood pressure, blood glucose (sugar), weight, falls

Are there any precautions?

YES. Talk with your healthcare provider before beginning strength exercises if you have chronic health conditions, use tobacco, or are overweight.

Can I do strength exercises at home rather than going to a gym or class?

YES! Examples: lifting weights (see below for household options), using resistance bands (see below for cost), digging or shoveling in the garden, climbing stairs and walking up a hill, push-ups/sit-ups/squats, yoga

How often should I do them? 2 to 3 days per week (space sessions at least 48 hours apart)

What else do I need to know?

- Work all major muscle groups: chest, back, shoulders, arms, abdomen, legs
- A program of 8 to 10 exercises (consisting of 8 to 12 repetitions of each exercise) can be completed in about 20 minutes
 - Google search “beginner strength exercises at home” to find ideas
- A repetition is 1 complete movement of the activity such as lifting a weight or doing 1 sit-up
- Start low & go slow
 - Begin with low weight/resistance and practice good technique
 - Start with a couple exercises and add a couple more the next week
 - Motions should be slow and controlled with one full breath out (as you work against resistance) and in (as you release) each—do NOT hold the breath
- Lower-cost equipment
 - Canned soup or vegetables (about 1 pound)
 - Filled bottle of water (16 oz bottle weighs about 1 pound); gallon jug (8 pounds)
 - Resistance bands (set of 3 costs just under \$10 at Walmart)

In faith and health,

Denise Pigarelli

Resources: *Circulation* 2000;101:828-833, webmd.com, orthoinfo.aaos.org

Covenant Lutheran Endowment Foundation, Inc.

Scholarship applications for the 2020-2021 school year are due April 1, 2020. The preferred method of applying is online at



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[http://tinyurl.com/Foundation-](http://tinyurl.com/Foundation-Scholarship)

[Scholarship](http://tinyurl.com/Foundation-Scholarship) Applications are also avail-

able on the Welcome Center You may also contact Beth Hilgendorf, 608-279-1656, or email:

Bookkeeper.CovenantFoundation@gmail.com

You are invited to a new initiative for **PRAYER-TEAM MINISTRY**. Each Sunday prior to worship, 9:00-9:20 a.m., there will be an opportunity to gather as share-holders in Covenant's ministry. We will gather in the Koinonia Room (opposite end of hallway from the columbarium). Entry door nearest the columbarium is open. Come when you can, as you are able. No membership or RSVP is needed. For more information, contact Karen Hanson (608-469-7644) or Solveig Carlson (608-576-1747)

Prayer concerns will include: greater support and collaboration for educating, equipping and empowering members to meet the needs, desires of this family of faith; "beyond-the-walls" visioning for ways to build and strengthen relationships within the Covenant family. As time permits, opportunity will be given for sharing concerns of the heart of each prayer participant. **WELCOME!**



Service Opportunities for Global Health Ministries

BANDAGE-ROLLING:

- after Women's Breakfast, March 7th , 9:30 a.m.
- following worship times, 3rd and 5th week-ends

Other sessions TBD, or by request by small group

GHM's NEWBORN KITS: In-gathering of items (donation containers marked):

GOAL: 100 KITS These kits help mothers in developing countries celebrate the birth of their child, and provide needed items to welcome their baby into the world. Healthcare workers who distribute these kits also use them to encourage women to seek prenatal care, offering them as gifts if a mother visits a clinic before delivery. GHM is a ministry in partnership with Lutheran medical center in 11 countries of Africa, Asia, and El Salvador. The partners beg for NEWBORN KITS to be sent! Kit items needed:

- *regular-sized, light-weight bath towel, 48"-52" length; light-colors
- *wash cloth
- *cotton t-shirt or onesie, size: 0-3 months or newborn
- *receiving blanket, approx. 30" X 30": cotton, acrylic or light flannel
- *cloth diapers

For complete itemized listing of KIT, go to GHM website: ghm.org and check out Brochures for Hands-on Projects: Newborn Kit Hand-out. Paper copies available at Welcome Center. For more information and/or clarification, contact Solveig Carlson (608-576-1747) or Denise Pigarelli (608-576-5321), both of whom have served on the Board of Directors for GHM.

Assembly of KITS will take place at Covenant in April; date TBA. Covenant voting members to the South-Central Synod of Wisconsin assembly on May 2-3 will take our donations of bandages and Newborn Kits as an offering. All donations will be delivered to the GHM headquarters/warehouse in Fridley, MN, following the Assembly.

Let your heart of LOVE do the "talking" and the "walking" to far-away medical centers to "help the hands that heal": to bandage a wound, broken bone or provide a welcome KIT for a newborn.



RECONICLED IN CHRIST INFORMATIONAL SESSIONS

Our congregation is in the process of discerning whether we are going to become a Reconciled in Christ Congregation (RIC). An RIC congregation is one that identifies itself as being welcome to members of the LGBTQ (people who are Lesbian, Gay, Bi, Transgendered, Questioning) Community. As part of this effort the RIC task force is holding several informational sessions to explain the process and obtain feedback from our congregational members. Three sessions will be offered on Sundays in March following worship.

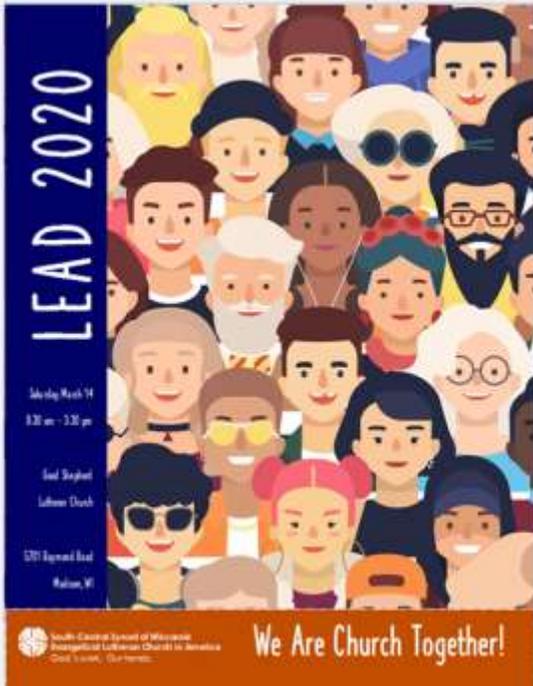
March 8th: What is RIC and why should we consider becoming an affiliated congregation?

March 15th: We will explore what the Bible and the ELCA (our national church affiliation and synod) says concerning LGBTQ issues.

March 22nd: There will be a panel with people from the LGBTQ community discussing their experiences related to involvement with the Church. Plans are also being made to have a member of a local church that has already gone through the RIC process.

All interested members are invited to attend. Again, the sessions will follow worship and be held in the Koinonia (formerly Peer Ministry) room. Grab a cup of coffee and join us for these informational sessions!

Wider Church updates



LEAD 2020 – GET READY!

Date: Saturday, March 14

Time: 8:30 am – 3:30 pm

Location: Good Shepherd Lutheran Church (Madison)

We are excited to announce our annual Leadership, Education and Development Day, “LEAD,” event to take place on Saturday, March 14. We are grateful to our host location this year, Good Shepherd Lutheran Church (Madison campus).

This year, our keynote relates to **Stewardship**, so send all your stewardship teams! We will also have 24 workshops on a variety of topics that are relevant to all!

A mailing is going out tomorrow with the brochure to all pastors and deacons, congregational presidents, vice-presidents, treasurers, secretaries, stewardship team leaders, outreach and evangelism leaders and youth and family leaders. This year’s workshops have special significance for your ministries.

About the Keynote by Eric H.F. Law – “Holy Currencies: Creating Sustainable and Missional Ministry”

Called a "must read for Christians paralyzed in survival mode," Holy Currencies teaches you how your ministry can become sustainable, grow, and thrive. Money is not the only currency your ministry needs. Author Eric H. F. Law shows us how the six blessings of time and place, gracious leadership, relationship, truth, wellness, and money flow through successful missional ministries. And they can flow through your ministry too! Learn how to use these gifts to rejuvenate, recirculate, regenerate, and expand your ministry through Law's insightful stories, instruction, processes, exercises, and activities. Tools in the book help evaluate how your church uses each gift and enables church members to measure and value the six blessings. Holy Currencies will push you to think beyond your church's current boundaries and create rich, sustainable missional ministries.

WHAT HAPPENS AT LEAD?

- * Worship – We will start with worship
- * 24 workshops - you can attend up to 3
- * Networking and Displays – Ample time for connecting with people from other congregations is provided. Attendees reflect that talking to people from other congregations is one of the best things about LEAD!
- * Displayers from Synod and Lutheran Affiliated Organizations will be there to share opportunities for shared ministry.
- * A box lunch is provided to all paid attendees. Eat lunch with others to network or bring your lunch into a workshop.
- ◆ Free childcare for all ages and free lunch for children ages 3 / Fee: \$25 before 2/20 \$30 after 2/20
- ◆ Your Covenant registration will be paid by the Covenant Foundation, many thanks for their support!

Online Registration Opens Monday, January 20 – <https://bit.ly/SCSWLEAD2020>



Can You Help?

Fox Prairie Elementary School has recently reached out to Covenant to see if we are able to assist some of their students. With winter and cold weather, some of their students need warm clothes, specifically sweatpants sweatshirts, and T-shirts, sizes 6-14 (small, medium, large). Healthy snacks are also needed to help supplement evening meals. If you can assist with clothing and/or food items, please place them in the marked bins in the narthex. Your help and generosity will be greatly appreciated.

MARCH FRIDAY FREE MEAL

On Friday, March 6, at St. Mark's Lutheran, Madison, Covenant will provide a crew of 6-8 people to help prep and serve the meal as well as clean up. Usually about 50 guests come for the FRIDAY FREE MEAL. YOU ARE WELCOME TO HELP! If you wish to carpool meet in Covenant's parking lot at 10:05 am; we return around 2:00 pm.

PLEASE sign-up now on the sheet posted on the bulletin board in the gathering space to be part of the March Covenant crew. Thanks!

Hospitality Update

Hospitality Complements March and April

Team March co-captains are Amy Elvekrog and Marijo Vols, and this is the third month of our hospitality refresh. Member of Team March should have already received an invitation to sign-up for one or more Sunday's in March. There are opportunities to assist with providing goodies and arranging them on the serving table, pouring beverages and cleaning up. Since many hands make light work, we'd like a team of 4-5 family units to help with each of the Sundays in March. For those that are unable to serve in this way, we welcome and sincerely appreciate your prayerful support that will bind this effort to strengthen our Covenant family ties.

Team March

Margo Benson	Jack and Eileen Nelson
Kaye Brantmeyer	Lillian Ofsthun
The Brekken Family	Edward and Karen Ott
Craig, Elizabeth, Carson	Shirley Page
The Eggen Family	The Pigarelli Family
Dale, Judy and Lily	Denise, Greg, Alex and Shae
The Elvekrog/Rabe/Thiessen Family*	The Reuter Family
Amy , Pastor Sara, Meredith, Alex and Samuel	Jeff, Stacey, Alex, Andy and Jessica
Mike and JoAnn Gilbert	Mark and Donelle Rippe
Linda Harrison	Lois Rothen
The Helland Family	Sally Schieldt
Bruce, Julie	Bill and June Schlough
Mary Ann Holtan	The Walker Family
The Knipfer Family	Michelle, Gabriel, Grant and Sara
Karen and Richard	Marijo Vols*
The Mattke Family	The Yaun Family
Jim, Denise and Jason	Denise, Cade and Drew
Steve and Linda Muller	*Team Captains

Team April

Dennis Bratz	Bruce Hansen
Aly Bratz	Curt and Lori Hedman
Dennis and Renee Bremer	Joan Hjortland
Jim and June Bunting	Robert and Dianne Jensen
Marilyn Burrington	David and Ann Nelson*
The Cannady Family	Pat Johnson
Jennifer and Jackson	Mike and Charlene Malueg
Jack and Helga Cope	Jan Pellmann
Emil and Lois Dahl	Judy Roy
Bob and Kirsten Davis	Steve and Susie Swenson
Mike and Michelle Eversoll	Ken and Cindy Veum
Mark and Linda Everson	Richard Wilberg
The Frey Family	*Team Co-captains
Joseph, Sara, Emmeline and Olivia	
The Gjermo Family	
Samantha, Oliver and Parker	

March 2020 Worship Assistants

SATURDAY SCHEDULE (5:30 p.m.)

Roles	Mar 7 Service of Healing and Wholeness	Mar 14	Mar 21	Mar 28	Apr 4
Assistant Minister	None scheduled	Deb Oakland	None scheduled	Kathy Andrusz	None scheduled
Sound/Projection	Alex Pigarelli	Shae Pigarelli	Alex Pigarelli	Shae Pigarelli	Shae Pigarelli

Altar Guild and Communion Prep

	Communion Prep	Altar Guild
March 2020	Tom and Philayne Chose	Cynthia Liddle & Linda Harrison
April 2020	Christy Unzicker	Verjean Sime & Carol Wake

ACOLYTE SCHEDULE (Sunday mornings at 9:30 a.m.) Based on sign-up genius here. Questions? Please talk to Pastor Sara.

	March 1	March 8	March 15	March 22	March 29
	Samantha Weber	Kristina Weber	Jude Surrel	Eve Wevley	
	Kristina Weber	Jessica Reuter		Tanner Wevley	

SUNDAY SCHEDULE (9:30 a.m.) - Greeters please arrive 9:00 am

Roles	Mar 1	Mar 8-Women's Service IWD	Mar 15	Mar 22	Mar 29
Assistant Minister	Jeff Peterson	Ingrid Thompson	Judy Heil	Jean Sime	Stephen V. Peterson
Lector	Philayne Chose	TBA	Dan Dibbert	Hannah Peterson	Linda Harrison
Comm Assistant	Jessica Melchor	Jessica Melchor	Jeff Peterson	Julie Rice	Jean Sime
Comm Assistant	Karl Nissler	Ann Marie Winecke	Jessica Reuter	MeredithThiessen	Norm Sime
Greeter	Jean Sime	TBA	Mary Sundby	Ingrid Thompson	Morgan Twedt
Greeter	Norm Sime	TBA	Frederick Sundby	Hannah Thompson	Carol Wake
Sound/Projection	Alex Thiessen	Shae Pigarelli	Brent Roeder	Alex Thiessen	Judy Heil
Usher Team	Judy Heil	Tamarine Westrand	Norm Sime	Mark Herbst	Tamarine Westrand
Ushers	Thomas Chose	Helga Cope	Stephen V. Peterson	Bill Cook	Adam Dahlk
Ushers	Jack Cope	Jean Sime	Mark Seamonson	Rheta Hanson-Cook	Jessica Melchor
Ushers	Helga Cope		Jean Sime	Garrett Herbst	Greg Vodak
Ushers	Todd McBroom			Evan Herbst	
Ushers	Kendall McBroom			Caleb Herbst	
Ushers				Jeff Peterson	

LENT SCHEDULE (7:00 p.m.)

Roles	Wed, Mar 4	Wed, Mar 11	Wed, Mar 18	Wed, Mar 25	Wed, Apr 1
Lector	Karla Cornell-Wevley	George Craig	Beth Gardner	Hanna Hanlon	Kristin Johnson
Sound/Projection	Brent Roeder	Judy Heil	Alex Thiessen	Brent Roeder	Alex Thiessen
Usher Team	Team Herbst	Team Westrand	Team Heil	Team Nissler	Team Sime
Ushers	Evan Herbst	Carole Schubring	Thomas Chose	Mike Eversoll	Norm Sime
Ushers	Garrett Herbst	Greg Vodak	Helga Cope	Karl Nissler	Verjean Sime
Ushers	Mark Herbst	Tamarine Westrand	Jack Cope	Larry E Olson	Stephen V. Peterson
Ushers	Caleb Herbst	Adam Dahlk	Judy Heil	Thor Anderson	Mark Seamonson
Ushers	Jeff Peterson		Kendall McBroom	Jessica Melchor	Jessica Melchor
Ushers	Loretta Cook-Hanson		Todd McBroom		
Ushers	William Cook				



The Promise—March 2020

The monthly newsletter of Covenant Lutheran Church—ELCA

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Website: www.covluth.org



WORSHIP SCHEDULE

Saturday: 5:30 pm Worship with Holy Communion

Sunday: 9:30 am Worship with Holy Communion
8:30 am Sunday School

OFFICE HOURS

Monday-Thursday: 9:00 am to 3:00 pm



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*The next issue of "The Promise." will be published in April 2020. The deadline for submitting items for the **April** newsletter is **Friday, March 27**. Please submit to covlutheran@covluth.org.
Thank you!*

Covenant Lutheran Church
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